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## Change a life through long distance “adoptions”

Long-distance adoptions are essentially a **structured form of sustained support** that allows a donor to accompany a child, a vulnerable family, or a woman in formation toward stability, dignity, and long-term autonomy.

### What Long-Distance Adoption Includes

Long-distance adoption provides **ongoing support for the life and development** of a child, young mother, or religious sister. Core areas of assistance typically include:

- **Health:** medical care, medicines, and essential treatments
- **Education:** school fees, uniforms, books, and learning materials
- **Vocational Training:** skills development, apprenticeships, and micro-enterprise start-ups
- **Food:** regular nourishment to ensure healthy growth
- **Clothing & Basic Needs:** clothing, hygiene items, toys, and emergency financial help

This support helps individuals grow in dignity, stability, and hope, especially in contexts marked by poverty, insecurity, or limited access to education.

### Types of Long-Distance Adoption

#### 1. Individual Child Adoption

For children from poor families, orphans, or those placed with foster families.

- Offers stable support until the child reaches economic independence.
- Duration is agreed upon with the sponsor.
- **Cost:** €35.00 / \$40.00 per month.

#### 2. Group Adoption (Shared Sponsorship)

For children whose needs exceed what a single donor can cover.

- Multiple donors contribute to a shared fund.
- Supports urgent needs until the children reach autonomy.
- **Contribution options:**
  - €20.00 / \$25.00 per month
  - €30.00 / \$35.00 per month

#### 3. Young Mothers or Single Mothers with Children

A time-limited adoption focused on restoring dignity and independence.

- Help with training, childcare, and essential living needs.
- Contribution varies according to the project and the mother's situation.

#### 4. Adoption of a sister in Formation or Studies

Supports a religious sister who lacks a scholarship and needs help to continue her formation. Typical needs include:

- Books and academic materials
- University or vocational tuition
- Living expenses (boarding/hostel)
- Transportation
- Contributions vary based on the sister's program and school fees.